



INSTITUTE OF LAY FORMATION

Diocese of Winona-Rochester

Forming lay women and men for discipleship and Gospel witness



EMMAUS ~ TOGETHER IN CHRIST

EMMAUS ~ TOGETHER IN CHRIST provides a program of continuing formation and renewal for Institute alumni and lay leaders serving in the Diocese of Winona-Rochester. *Emmaus* offerings provide lay leaders with opportunities for growth in the four core areas of formation: intellectual; human; spiritual; and pastoral.

2022-2023 Year ~ Spring Semester

For the spring semester of the 2022-2023 year...

Our focus for *Emmaus* in the spring semester will be on the Eucharist during this diocesan year of the “**National Eucharistic Revival**” initiated by our U.S. Catholic Bishops.

Our bishops are calling for a three-year grassroots revival of devotion and belief in the Real Presence of Jesus in the Eucharist.

They believe that God wants to see a **movement of Catholics across the United States, healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and sent out in mission “for the life of the world.”**

During the spring semester, we will offer three opportunities to study and to enter into a deeper devotion to the Eucharist:

- Book Study and Discussion sessions on two recent books by Catholic theologian, author, and teacher, Dr. Timothy P. O’Malley (“**Real Presence**” and “**Becoming Eucharistic People**”)
- Video-based Study and Discussion sessions on, “**The Mass**,” featuring our own Bishop Robert Barron (and produced by Word on Fire Catholic Ministries)
- “**True Presence Night**” – A one-night program of Eucharistic Adoration and Praise led by The Vigil Project.



*“And it happened that while they were conversing and debating,
Jesus himself drew near and walked with them...”*

(Luke 24:15)

Program, Calendar, & Accommodations

Two weekend sessions will be held at the **Alverna Center in Winona**, and will take place from Friday evening through Saturday afternoon. (Overnight accommodations are available at the Center.) There will also be three **Saturday morning sessions** during the semester (all planned to be in person). And, we will have a special **Monday evening** of Eucharistic praise and adoration during Lent. The program and calendar for the spring is:

Real Presence: What Does It Mean and Why Does It Matter? (Book Study & Discussion)

[<https://www.avemariapress.com/products/real-presence>]

- **January 13-14, 2023** (Weekend Session [Alverna Center, Winona]) {Register by 1/4/2023}

Becoming Eucharistic People: The Hope and Promise of Parish Life (Book Study & Discussion)

[<https://www.avemariapress.com/products/becoming-eucharistic-people>]

- **March 10-11, 2023** (Weekend Session [Alverna Center, Winona]) {Register by 3/1/2023}

“The Mass ~ Encountering Heaven on Earth” (Video Study & Discussion)

[<https://www.wordonfire.org/study-programs/the-mass/>] {Register by 2/6/2023}

- **February 11, 2023** (Saturday morning session [Saint Joseph Parish, Owatonna]): Session I
- **April 1, 2023** (Saturday morning session [Sacred Heart Parish, Owatonna]): Session II
- **April 29, 2023** (Saturday morning session [Sacred Heart Parish, Owatonna]): Session III

“True Presence Night” (Eucharistic Adoration and Praise)

[<https://www.thevigilproject.com/events/parish>] {This is a free event; no registration is required.}

- **March 6, 2023** (Monday evening gathering [Resurrection Parish, Rochester])

Fees and Registration

The fee to participate in the **weekend sessions** (at the Alverna Center) is:

- \$60.00 per session (individual) / \$100.00 per session (married couple) {includes book(s)}
- \$50.00 per single room/\$35.00 per double room, per session (on the Friday evenings).

The fee to participate in the **Saturday morning sessions** (at the parish sites) is:

- \$40.00 for all sessions (individual) / \$75.00 for all sessions (married couple).

Registration information is available at the Institute web page [see address below]. Scholarship assistance is available upon request.

For more information...

For questions and/or to learn more about our *Emmaus* spring offerings, go to the diocesan web site (www.dowr.org/offices/lay-formation/Institute.html), or contact Todd Graff, diocesan Director of Lay Formation, at:

- EMAIL: tgraff@dowr.org / PHONE: (507) 858-1270 / FAX: (507) 454-8106.